# University of Arkansas - Fort Smith 5210 Grand Avenue P. O. Box 3649 Fort Smith, AR 72913 3649 479 788 7000

### **General Syllabus**

#### **SOWK 46363 Working with Veterans and Military Families**

Credit Hours: 3 Lecture Hours: 3 Laboratory: 0

Prerequisite: SOCI 10103 Introduction to Sociology and PSYC 11003 General

Psychology or permission of instructor.

Effective Catalog: 2019-2020

#### I. Course Information

## A. Catalog Description

Explores the biological, psychological, social and spiritual aspects of military service for Veterans and families as well as evidence-based strategies to improve post-service readjustment.

#### **B.** Additional Information – None

#### **II.** Student Learning Outcomes

#### A. Subject Matter

Upon successful completion of this course, the student will be able to:

- 1. Contrast military and civilian cultures, norms, values and beliefs, and organizational structures.
- 2. Evaluate factors influencing the readjustment process for Veterans after deployment and/or post-military service.
- 3. Interpret physical strengths, deficits and chronic challenges for both short-term and long-term functioning during and after military service.
- 4. Evaluate common behavioral health issues facing Veterans and their families.
- 5. Analyze the role of spirituality and religion in Veteran functioning.
- 6. Appraise Veteran social functioning across social systems (home, friendship, work), appreciating interactive influences.
- 7. Identify resources and recommend plans for Veterans and their families to aid in the readjustment process.

#### **B.** University Learning Outcomes

This course enhances student abilities in the following areas:

**Critical Thinking Skills:** Students will use critical thinking skills in identifying problems facing Veterans and their families and identify strategies and/or programs for solutions.

#### **Communication Skills (written and oral)**

Students will demonstrate appropriate written and verbal communication skills through papers and oral presentations to the class and local community.

#### **Ethical Decision Making**

Students will analyze ethical dilemmas facing Veterans, communities and service providers.

### **Global and Cultural Perspectives**

Students will reflect upon cultural differences within military cultures and Veteran populations and their implication within social work practices.

# **III.** Major Course Topics

- A. Military culture and organization, garrison vs. combat environments
- B. Reintegration process
- C. Physical injuries, stressors
- D. Veteran behavioral health issues
- E. Spirituality and service
- F. Personal and community based social systems
- G. National, state and local Veteran resources