

University of Arkansas-Fort Smith
5210 Grand Avenue
P. O. Box 3649
Fort Smith, AR 72913 3649 4797887000

General Syllabus

PHYE 17061 Introduction to Volleyball

Credit Hours: 1

Activity Hours: 2

Prerequisite: None

Effective Catalog: 2019-2020

I. Course Information

A. Catalog Description

Introduction to both the rules and fundamentals of the sport of volleyball

II. Student Learning Outcomes

A. Subject Matter

Upon completion of this course, students will be able to:

1. Apply basic skills and techniques of the sport of volleyball.
2. Identify the proper rules and regulations of volleyball.
3. Teach others the fundamentals of volleyball.

B. University Learning Outcomes

This course enhances student abilities in the following areas:

Communication Skills (written and oral)

Students will model communication skills involved in team sports.

Analytical Skills

Critical Thinking Skills

Students will analyze the form and techniques of proper fundamentals used in the sport of volleyball. Students use software to assist in the mastery of the fundamentals of volleyball.

III. Major Course Topics

- A. Terminology of the sport of volleyball.
- B. The structures of volleyball formations and techniques.
- C. How Volleyball is a life-long physical education activity.
- D. Exploring a variety of different methods and styles of play within the sport of volleyball
- E. Safe and skilled operation and use of volleyball standards and equipment.
- F. Planning and producing simple but practical practice plans for the sport of volleyball.