

University of Arkansas - Fort Smith
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General Syllabus

NURS 12105 Nursing Concepts I

Credit Hours: 5

Lecture Hours: 3

Laboratory Hours:4

Prerequisite(s): Admission to the ADN Program including CPR Certification American Heart Association Basic Life Support for Healthcare Providers (BLS); and completed ATI TEAS pre-entrance exam with a minimum score of 60%

Prerequisite(s) or corequisite(s): BIOL 24003 Human Anatomy, BIOL 24001 Human Anatomy Lab; MATH 11003 College Algebra or Math 11103 College Math; CHEM 10003 Chemical Principles, CHEM 10001 Chemical Principles Lab

Effective Catalog: Fall 2024

I. Course Information

A. Catalog Description

Students will be introduced to the use of critical thinking skills while learning the nursing process. Students will gain the knowledge and skills necessary to provide nursing care to the adult client, focusing on assessment of the adult and demonstration of fundamental nursing skills. Students in this course will complete 60 campus lab hours.

A. Additional Information

This course introduces new content and skills applicable to providing care to the adult client. Introductory content will include critical thinking and the nursing process based on assessment, analysis, planning, implementing, and evaluating. The focus will be on integrating concepts of therapeutic communication, culturally sensitive care, legal/ethical issues, and common health problems, pharmacology, nutrition, and prevention, restoration, and health promotion as they pertain to nursing.

II. Student Learning Outcomes

Subject Matter

Upon successful completion of this course, the student will be able to:

1. Incorporate knowledge of the nursing process in the application of providing culturally sensitive, holistic, and compassionate care for the adult client.

2. Implement moral, ethical, and legal concepts in caring for the adult client.
3. Integrate health promotion and prevention in the nursing care of the adult client.
4. Demonstrate accountability and responsibility in a professional manner.
5. Use effective communication as an essential nursing skill.

A. University Learning Outcomes (ULO)

This course enhances student abilities in the following areas:

Analytical Skills

Critical Thinking

Students will identify problems and develop solutions.

Communication Skills (written and oral)

Students will communicate proficiently in classroom and lab settings.

Ethical Decision Making

Students will model ethical decision-making processes in nursing and health care settings.

Global and Cultural Perspectives

Students will demonstrate how nursing care is impacted by adult clients of diverse cultures.

III. Major Course Topics

- A. The Nursing Process
- B. Foundations of Nursing Practice
- C. Maslow's Hierarchy of Basic Human Needs
- D. Assessment Techniques
- B. Vital Signs
- C. The Complete Head-to-Toe Assessment
- D. Basic Nursing Skills
- E. Health Promotion and Prevention
- F. Legal and Ethical Issues in Nursing